



# REACH

## Research on Health Equity and Community Health

Reducing health disparities is a high clinical and community research priority for Mayo Clinic, and led to the creation of the Office of Health Disparities Research (OHDR) that serves to coordinate all health disparities research across all Mayo Clinic locations. The REACH Program (Research on Health Equity and Community Health), which began in 2012, is the Arizona branch of the Mayo Clinic Office of Health Disparities Research (OHDR). OHDR also works collaboratively with other Mayo Clinic offices involved in health equity work. All three sites (Minnesota, Arizona, and Florida) share the same vision and mission.

### Vision

Mayo Clinic research programs will support the institutional mission of providing the best care every day to patients from all cultural, racial and ethnic backgrounds.

### Mission

The OHDR will support meaningful research programs to identify, develop, and deploy strategies to eliminate health disparities, and ensure that our research subjects (and patients) reflect the diverse communities that form the mosaic of our nation.

### Priority Areas

REACH collaborates with local, regional, national, and international partners around a variety of areas. Priority research areas include:



## Specialized Areas of Expertise

- Health promotion and education
  - Prevention
  - Tobacco Cessation and Prevention
  - Health equity and social determinants of health
  - Social network analysis
  - Addictions
  - Community-based participatory research
  - Cultural tailoring of interventions
- Digital Storytelling
  - Health literacy and health communication
  - Promotoras and community health workers
  - Meditative movement
  - Cancer support services and survivorship social support
  - Transplants
  - Refugee Health

The following planning team members guide REACH efforts and are connected to a much broader group of clinical and behavioral researchers throughout Mayo Clinic.

### REACH Team

- Scott Leischow, PhD, Mayo Clinic in Arizona
  - Chara Chamie, MPH, Mayo Clinic in Arizona
  - Jenny Ho, Mayo Clinic in Arizona
  - Nandita Khera, MD, MPH, Mayo Clinic in Arizona
  - Sunny Kim, PhD, Arizona State University
  - Linda Larkey, PhD, C.R.T.T., Arizona State University
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- Farhia Omar, MPH, Mayo Clinic in Arizona
  - Carmen Radecki Breitkopf, PhD, Mayo Clinic in Minnesota
  - Edna Ramos, ACRC, Mayo Clinic in Arizona
  - Isabel Santana, ACRC, Mayo Clinic in Arizona
  - Celine Vachon, PhD, Mayo Clinic in Minnesota
  - Amy Woof, MPH, Mayo Clinic in Arizona
  - Danielle Wright, MPH, Mayo Clinic in Arizona

### Internal Advisory Committee (Mayo Clinic in Arizona)

- Ruben Mesa, MD, Clinician-Researcher, Deputy Director of Mayo Cancer Center
- Muna Ali, PT, PhD, Physical Therapist-Researcher
- Noël Arring, DNP, RN, OCN, Clinician-Researcher
- Rick Caselli, MD, Clinician-Researcher
- Augustine Chavez, MD, Clinician-Researcher
- Lubayna Fawcett, PT, PhD, Physical Therapist-Researcher
- Yonas Geda, MD, Clinician-Researcher
- Priscilla Gill, MBA ACC, Manager, Leadership & Organizational Development
- Marion Kelly, Director of Community and Business Relations
- Carolyn Kinney, MD, Clinician-Researcher, Co-Chair of Diversity and Inclusion Committee
- Donald Northfelt, MD, Clinician-Researcher, Director of Cancer Clinical Research Office
- Cumara O'Carroll, MD, Clinician-Researcher
- Kenneth Poole, MD, MBA, Clinician-Researcher
- Robert Scales, PhD, Clinician-Researcher
- Gabriel Shaibi, PhD, Researcher, Mayo Clinic and Arizona State University
- André Watkins, MPH, Clinical Research Supervisor

### More Information

To learn more about the program, or how to get involved, contact Chara Chamie at [chamie.chara@mayo.edu](mailto:chamie.chara@mayo.edu) or **480-301-4121**.

To discuss research collaborations, contact REACH Director Dr. Scott Leischow at [leischow.scott@mayo.edu](mailto:leischow.scott@mayo.edu) or **480-301-4186**.

<http://healthdisparitiesresearchblog.mayo.edu>